

Ranglijsten outdoor 2013 - Mannen Masters

100 meter

1. Richard van Delft	11,83 (-0,2)	M40
2. Chishala Wijmans	12,69 (+1,6)	M40
3. Wim Threels	12,99 (+1,6)	M60
4. Andre Lassooij	13,15 (+2,0)	M55
5. Matthieu van den Berg	14,15 (+1,0)	M40
6. Willem Heinis	15,72 (-2,0)	M50

200 meter

1. Richard van Delft	24,33 (-1,4)	M40
2. Wim Threels	26,72 (+0,6)	M60
3. Matthieu van den Berg	28,16 (-0,1)	M40
4. Andre Lassooij	28,69 (-0,1)	M55

400 meter

1. Richard van Delft	53,66	M40
2. Wim Threels	58,53	M60
3. Matthieu van den Berg	63,76	M40

800 meter

1. Michiel Löschner	1:55,25	M35
2. Michiel van Dijk	2:13,04	M40
3. Remco Hoetmer	2:16,19	M40
4. Wim Threels	2:20,49	M60
5. Sjef Coenen	2:35,95	M60
6. Rendolf van Hoof	5:00,95	M50

1.000 meter

1. Michiel Löschner	2:33,87	M35
2. Wim Threels	3:11,15	M60
3. Remco Hoetmer	3:22,03	M40
4. Jos Koekkoek	4:04,95	M65

1.500 meter

1. Michiel Löschner	4:05,43	M35
2. Michiel van Dijk	4:28,55	M40
3. Erik Negerman	4:30,05	M35
4. Ivar Wierenga	4:48,24	M45
5. Maurits de Ruiter	4:49,88	M50
6. Rob de Koning	5:00,64	M45
7. Wim Threels	5:19,91	M60
8. Jos Koekkoek	6:24,67	M65

1 Engelse mijl

1. Erik Negerman	4:23,88	M35
2. Michiel van Dijk	5:01,91	M40
3. Ivar Wierenga	5:16,53	M45



3.000 meter

1. Erik Negerman	8:42,84	M35
2. Michiel van Dijk	9:41,96	M40
3. Ivar Wierenga	10:13,97	M45
4. Remco Hoetmer	10:24,18	M40
5. Frans Looyer	11:10,30	M55
6. Wim Threels	11:53,93	M60

5.000 meter

1. Erik Negerman	14:54,20	M35
2. Michiel van Dijk	17:06,12	M40
3. Maurits de Ruiter	17:55,07	M50
4. Michel Eekhof	17:59,77	M55
5. Wim Threels	19:39,32	M60

10.000 meter

1. Wim Threels	43:55,79	M60
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3.000 meter steeple

1. Remco Hoetmer	11:51,50	M40
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400 meter horden

1. Remco Hoetmer	71,97	(91,4cm)	M40
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Verspringen

1. Richard van Delft	5,35	M40
2. Wim Threels	5,17	M60
3. Chishala Wijmans	4,89 (-1,0)	M40
4. Andre Lassoij	4,05	M55
5. Joost Prins	3,55	M45
6. Theo van Dijk	3,31	M55
7. Kees Jägers	3,28	M70
8. Jan Slootbeek	3,21	M75
9. Sjef Coenen	3,04	M60

Hoogspringen

1. Wim Threels	1,60	M60
2. Kees Jägers	1,36	M70
3. Andre Lassoij	1,35	M55
4. Willem Heinis	1,20	M50

Polstokhoogspringen

1. Kees Jägers	2,30	M70
Wim Threels	2,30	M60

Hink-stap-springen

1. Richard van Delft	9,75	M40
2. Wim Threels	9,58	M60
3. Andre Lassoij	8,31	M55
4. Hans Veldmeijer	7,67	M65
5. Kees Jägers	7,59	M70
6. Jan Slootbeek	6,38	M75

Kogelstoten

1. Wim Threels	9,80	(5kg)	M60
2. Kees Jägers	9,58	(4kg)	M70
3. Jan Slootbeek	8,33	(4kg)	M75
4. Joost Prins	8,13	(7,26kg)	M45
5. Theo van Dijk	7,33	(6kg)	M55
6. Willem Heinis	6,81	(6kg)	M50
7. Richard van Delft	6,57	(7,26kg)	M40
8. Andre Lassooij	6,29	(6kg)	M55
9. Hans Veldmeijer	5,61	(5kg)	M65
10. Sjef Coenen	5,60	(5kg)	M60

Discuswerpen

1. Wim Threels	32,69	(1kg)	M60
2. Willem Heinis	29,92	(1,5kg)	M50
3. Kees Jägers	29,84	(1kg)	M70
4. Mike van den Dobbelsteen	28,55	(2kg)	M40
5. Joost Prins	22,77	(2kg)	M45
6. Jan Slootbeek	20,04	(1kg)	M75

Speerwerpen

1. Mike van den Dobbelsteen	54,10	(800gr)	M40
2. Wim Threels	48,06	(600gr)	M60
3. Willem Heinis	28,95	(700gr)	M50
4. Theo van Dijk	26,47	(700gr)	M55
5. Joost Prins	25,42	(800gr)	M45
6. Richard van Delft	25,20	(800gr)	M40
7. Kees Jägers	23,04	(500gr)	M70
8. Sjef Coenen	15,74	(600gr)	M60
9. Andre Lassooij	15,21	(700gr)	M55
10. Jan Slootbeek	14,40	(500gr)	M75

Kogelslingeren

1. Joost Prins	25,78	(7,26kg)	M45
2. Wim Threels	25,55	(5kg)	M60
3. Jan Slootbeek	25,03	(4kg)	M75

Gewichtwerpen

1. Joost Prins	9,88	(15,88kg)	M45
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Werpvijfkamp

1. Joost Prins	2041 pnt.	M45
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Vijfkamp

1. Wim Threels	3859 pnt.	M60
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