

## Ranglijsten outdoor 2016 - Mannen Masters

### 100 meter

1. Richard van Delft	12,11 (+0,2)	M40
2. Chishala Wijmans	13,03 (+0,4)	M40
3. Wim Threels	13,69 (-0,9)	M60
4. Hans Veldmeijer	16,45 (-0,4)	M65

### 200 meter

1. Richard van Delft	24,55 (-0,1)	M40
2. Chishala Wijmans	26,70 (-0,3)	M40
3. Wim Threels	27,20 (+1,0)	M60

### 400 meter

1. Richard van Delft	54,71	M40
2. Wim Threels	58,78	M60
3. Remco Hoetmer	62,27	M45
4. Rendolf van Hoof	148,44	M55

### 800 meter

1. Michiel Löschner	1:57,75	M35
2. Michiel Stiemer	2:11,11	M45
3. Michiel van Dijk	2:12,51	M45
4. Ton Sweep	2:19,15	M40
5. Wim Threels	2:46,63	M60
6. Rendolf van Hoof	5:28,21	M55

### 1.000 meter

1. Michiel Löschner	2:45,54	M35
2. Michiel Stiemer	2:50,84	M45

### 1.500 meter

1. Michiel Löschner	4:03,75	M35
2. Michiel Stiemer	4:25,80	M45
3. Michiel van Dijk	4:27,66	M45
4. Ton Sweep	4:37,79	M40
5. Wim Threels	6:11,10	M60

### 3.000 meter

1. Remco Hoetmer	12:13,22	M45
2. Wim Threels	12:44,00	M60



**5.000 meter**

1. Erik Negerman	17:15,35	M40
2. Michiel van Dijk	17:15,88	M45
3. Ton Sweep	17:54,24	M40
4. Michiel Stiemer	18:02,07	M45
5. Remco Hoetmer	18:15,63	M45
6. Wim Threels	20:14,86	M60

**10.000 meter**

1. Michiel van Dijk	36:37,42	M45
2. Wim Threels	49:21,03	M60

**3.000 meter steeplechase**

1. Remco Hoetmer	11:27,91	M45
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**300 meter horden**

1. Wim Threels	50,00	(76,2cm)	M60
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**400 meter horden**

1. Remco Hoetmer	71,03	(91,4cm)	M45
2. Richard van Delft	74,50	(91,4cm)	M40
3. Chishala Wijmans	84,50	(91,4cm)	M40

**Verspringen**

1. Chishala Wijmans	5,13 (-0,8)	M40
2. Richard van Delft	4,84 (-0,6)	M40
3. Wim Threels	4,72 (+2,0)	M60
4. Hans Veldmeijer	3,49 (+1,0)	M65
5. Kees Jägers	2,98 (-0,8)	M70
6. Jan Slootbeek	2,73 (-0,3)	M80
7. Pieter Schouten	2,53 (-0,7)	M80

**Hoogspringen**

1. Chishala Wijmans	1,55	M40
Wim Threels	1,55	M60
3. Kees Jägers	1,25	M70
4. Jan Slootbeek	1,00	M80

**Polstokhoogspringen**

1. Remco Hoetmer	2,35	M45
2. Wim Threels	2,00	M60

### Hink-stap-springen

1. Richard van Delft	9,94 (-0,8)	M40
2. Chishala Wijmans	9,90	M40
3. Wim Threels	8,43	M60
4. Pieter Schouten	5,52 (-0,4)	M80
5. Jan Slootbeek	5,10 (-0,6)	M80

### Kogelstoten

1. Arjan van Harn	12,25	(7,26kg)	M35
2. Joost Prins	10,09	(6kg)	M50
3. Wim Threels	9,54	(5kg)	M60
4. Kees Jägers	8,96	(4kg)	M70
5. Stéphane Wienneke	8,89	(6kg)	M50
6. Chishala Wijmans	8,44	(7,26kg)	M40
7. Jan Slootbeek	8,41	(3kg)	M80
8. Aswin Jägers	7,84	(7,26kg)	M40
9. Richard van Delft	6,77	(7,26kg)	M40
10. Hans Veldmeijer	6,29	(5kg)	M65

### Discuswerpen

1. Wim Threels	35,43	(1kg)	M60
2. Arjan van Harn	34,94	(2kg)	M35
3. Joost Prins	29,66	(1,5kg)	M50
4. Kees Jägers	27,67	(1kg)	M70
5. Stéphane Wienneke	26,23	(1,5kg)	M50
6. Chishala Wijmans	25,94	(2kg)	M40
7. Aswin Jägers	24,10	(2kg)	M40
8. Remco Hoetmer	19,41	(2kg)	M45
9. Hans Veldmeijer	17,96	(1kg)	M65
10. Jan Slootbeek	17,83	(1kg)	M80

### Speerwerpen

1. Wim Threels	41,55	(600gr)	M60
2. Stéphane Wienneke	33,16	(700gr)	M50
3. Joost Prins	30,62	(700gr)	M50
4. Chishala Wijmans	27,87	(800gr)	M40
5. Aswin Jägers	27,09	(800gr)	M40
6. Richard van Delft	26,87	(800gr)	M40
7. Remco Hoetmer	22,21	(800gr)	M45
8. Kees Jägers	21,73	(500gr)	M70
9. Jan Slootbeek	15,84	(400gr)	M80
10. Pieter Schouten	11,66	(400gr)	M80

### Kogelslingeren

1. Joost Prins	34,33	(6kg)	M50
2. Wim Threels	31,75	(5kg)	M60
3. Aswin Jägers	25,48	(7,26kg)	M40
4. Jan Slootbeek	24,29	(3kg)	M80



### **Gewichtwerpen**

1. Joost Prins	11,11	(11,34kg)	M50
2. Wim Threels	10,85	(9,08kg)	M60
3. Jan Slootbeek	10,79	(5,45kg)	M80
4. Aswin Jägers	7,80	(15,88kg)	M40

### **Werpvijskamp**

1. Wim Threels	2963 pnt.	M60
2. Jan Slootbeek	2704 pnt.	M80
3. Joost Prins	2319 pnt.	M50
4. Aswin Jägers	1784 pnt.	M40